



Disclaimer and Liability Waiver

- I understand that the hypnotherapist, **Angelena Fixter** is an educator and does not diagnose, cure, or treat in any way, medical conditions, illnesses, or diseases.
- I understand that the hypnotherapist cannot guarantee results any more than a doctor can guarantee results from a particular prescription or surgical procedure.
- I understand that hypnosis is not mind control and that the hypnotherapist takes all care while I am in a relaxed state.
- I understand that all hypnosis is self-hypnosis and that the hypnotherapist is present simply to help me learn how to perform the above-mentioned self-hypnosis and to formulate useful suggestions. Any results that I achieve are caused solely and directly by me.
- I understand that anything that occurs while in hypnosis is a direct result of my actions and thought patterns.
- I hereby absolve and release the hypnotherapist from any responsibility of all results, expected or unexpected, that I may achieve from self-hypnosis.
- I understand that if the therapist provides instructions I feel are harmful or inappropriate, I can say that I am not comfortable with them, and we will agree on something more appropriate.
- I understand no one has ever suffered adverse effects simply from being hypnotised.
- I understand that the hypnotherapist has helped many people, and that my chances with hypnosis are excellent if I accept and follow instructions without reservation.
- I provide informed consent to allow my hypnotherapist to share details of this hypnotherapy session to my advised doctor (RACGP, 1.3.1, 1.3.2, 1.3.4)

Client Name: _____

Client Signature: _____ Date: _____

Therapist Name: _____

Therapist Signature: _____ Date: _____